

Julie Weste

PROFESSIONAL COACH PROFILE



As an experienced executive and leadership coach, I have coached leaders from C-Suite to emerging leaders for over 20 years. I coach senior and high-potential executives and entrepreneurs to reach new levels of leadership, steer their teams, and grow their organisations.

My approach is grounded in wellbeing science, which supports achieving meaningful goals and high performance in a way that enhances optimal functioning.

As a coach, I am engaged privately or as part of an organisation-sponsored arrangement.



“Julie is an exceptional coach.

She kept me on track in a positive, professional, and caring way, pushing me to reach outcomes I had not expected. She created a supportive environment where I felt heard, seen, and understood. Through her presence, I was able to experience and see things about myself that have helped my growth as a coach and a leader of all things, but mostly of myself.”

Executive Director

INDICATIVE COACHING CLIENT ROLES

- Chief Operating Officer
- Executive Director
- General Manager
- Operations Manager
- Marketing Executive
- Manager IT Operations
- Senior Client Manager
- Founder

AREAS OF EXPERTISE

- Leadership and Career Transition
- Business Start-Up and Step-Up
- Strengths and Strengths-Based Leadership
- Leading Change and Transformation
- Professional and Personal Change
- Wellbeing Coaching
- Solutions Focus
- Emotional Intelligence
- Whole Brain® Thinking
- Meaning and Purpose
- Work-life Balance



<https://www.linkedin.com/in/julieweste/>



EDUCATION

- Master of Applied Positive Psychology (MAPP)
- Master of Business Administration (MBA)
- Bachelor of Education (B Ed) - Psychology



ACCREDITATIONS

- Accredited Senior Practitioner Coach - European Mentoring & Coaching Council (EMCC) Global
- Associate Certified Coach (ACC) - International Coaching Federation (ICF)
- Certified Positive Psychology Coach
- Certified Meaning and Purpose Practitioner
- Accredited Strengths Profile Practitioner
- Mental Health First Aid Accreditation
- Mayer Salovey Caruso Emotional Intelligence Test (MSCEIT) Accreditation
- Herrmann Whole Brain® Certified Practitioner
- Prosci® Certified Change Practitioner
- Certified Change Management Practitioner



MEMBERSHIPS

- International Coaching Federation (ICF)
- European Mentoring and Coaching Council (EMCC)
- International Positive Psychology Association (IPPA)
- Australian Harvard Women (AHW)

CONTACT



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